

# Latte Frosting

THM-Friendly: FP

- 1 Tbsp. THM [Gentle Sweet](#)
- 1 splash of cream, half & half, or [nut milk](#) (use what you have)
- 1 tsp. THM [Creamy Dreamy Protein Powder](#) (Pristine Whey Protein will work also)
- food coloring

Choose an extract if wanted:

- [cream cheese extract](#), for cream cheese-flavored frosting
- [butter extract](#), for buttercream-flavored frosting

Add ingredients to a small dish and mix together. Use more liquid as needed to get a glaze frosting.



<https://www.joyfullifewithkj.com/dips-sauces-and-whippy-things/latte-frosting>

