

# Frosted Caramel Coffee

Chick-fil-A Sugar Free Copycat

THM-Friendly: S

- one batch [KJ's Caramel Sauce](#).
- one batch [Tummy Tucking Ice Cream](#) in [Trim Healthy Cookbook, pg. 363](#)
- 2/3 cup brewed, cooled coffee

Put the whole batch of Tummy Tucking ice cream in the blender. Add coffee and 3 HEFTY Tbsp. of the caramel sauce. Zing it up and add to a large glass, a pretty one makes it taste better. Top with sugar-free whipped topping. Drizzle a little more caramel sauce, if desired.

enJOY!

<https://joyfullifewithkj.mykajabi.com/coffee-concoctions/frosted-caramel-coffee>

