

Easy Duck Sauce

THM-Friendly: FP

- 3 Tbsp. Apricot Wow Spread, [Trim Healthy Future](#), pg. 366
- 1 Tbsp. rice vinegar
- 1 pinch of mineral salt
- 1/4 tsp. dry mustard
- 1/4 tsp. garlic

Mix all ingredients well. Add more vinegar for more tart, and less for more sweet.



<https://www.joyfullifewithkj.com/chinese-takeout/ducksauce>

