

Heath Bar Iced Coffee

THM-Friendly: S

- 12 oz. brewed coffee
- 8 oz. unsweetened nut milk
- 2 Tbsp. cocoa
- 2 heaping tsp. unflavored [Pristine Whey Protein](#)
- 3 droppers full Sweetleaf Toffee liquid stevia
- 1/2 tsp. caramel extract
- 1/4 tsp. almond extract
- 1 tsp. butter
- a splash of half & half
- 1/4 tsp. sunflower lecithin (optional)

Put all the ingredients in the blender and zing them up.

Drizzle [Handy Chocolate Syrup](#), [Trim Healthy Cookbook](#), pg. 479 around the inside of your glass. (Or for added difficulty, and more prettiness, add after ice).

Add ice and pour the latte blend over the ice.

Top with whipped topping and more (yes, more) Handy Chocolate Syrup.

enJOY!

