

# Cold Sesame Noodle Salad

THM-Friendly: Deep S

- 1 package [Miracle Noodles](#) (angel hair)
- 6 oz. shredded chicken (I use canned)
- 1 small cucumber, sliced very thinly
- 1 Tbsp. sesame oil
- 1/2 tsp. hot chili oil
- a sprinkle of cayenne (to taste)
- 1 tsp. sesame seeds
- 1/2 tsp. natural peanut butter
- 2 generous pinches of [mineral salt](#)

Rinse noodles well and dry some with a paper towel.

Add all ingredients to a bowl and stir!

enJOY!

Note: It's even better after refrigerated for a while.

