

Oreo Cheesecake Powerhouse Iced Coffee

THM-Friendly: FP

- 3/4 cup unsweetened nut milk
- 2 Tbsp. black cocoa
(you can use regular cocoa if you do not have black cocoa, but this is what really gives it the Oreo taste)
- 10 oz. cold coffee, black
- 2 tsp. THM Super Sweet
- 1 tsp. cream cheese flavoring
- 1/4 cup of THM Chocolate Whey Protein Powder
- 1 large handful of fresh spinach
- 1 Tbsp. MCT Powdered Creamer

(To remain in FP, make sure you are using an MCT powder with less than 5 grams of fat. If your powder is more, you can replace this with 2 tsp. MCT oil.)

Add all to a blender and blend until perfectly liquid. Pour over ice and rejoice.

You should really also make a ridiculous face when drinking it. It tastes even better that way. Trust me.

enJOY!

