

# Maraschino Cherries

THM-Friendly: E

OVERNIGHT STEPS INCLUDED

48-hour marinating period needed before ready to eat.

- 3 cups cherries, frozen
- 1 cup water
- 1 cup allulose
- a splash of vanilla extract
- a squirt of lemon juice
- 1/2 tsp. cherry extract
- 1 doonk (1/32 tsp.) pure stevia

Put cherries in a strainer and place them in the fridge OVERNIGHT to remove the juices.

The next day, simmer the water and allulose for 3-5 minutes.

Add the last 4 ingredients. Let COOL COMPLETELY!

Pour over the cherries and let set in the fridge for 48 hours.

Using an air-tight container, store in the fridge for up to 2 weeks. If they last that long!

enJOY!



<https://www.joyfullifewithkj.com/maraschino-cherries>

