

Thin Mint Coffee

THM-Friendly: S

Make a batch of KJ's Thin Mint Cookies for garnish.

- 1 cup of your favorite coffee, brewed
- 1 cup nut milk
- 1 tsp. half-and-half or heavy cream (if desired)
- 1 medium summer squash - optional
- 1 1/2 Tbsp. cocoa powder
- 1 - 2 tsp. Super Sweet
- 2 drops of peppermint essential oil (food-grade) or 1/8 tsp. peppermint extract
- pinch of salt
- 1 scoop Pristine Whey Protein or Creamy Dreamy
- 1/2 tsp. sunflower lecithin



Add all ingredients to the blender and zing them up. Have a little taste to see if you want to adjust the sweetness or mintiness.

Fill a quart jar with ice. Drizzle RxSugar Chocolate Sauce or Handy Chocolate Syrup down the side. Pour the coffee mixture over the ice. Top with nonfat whipped topping and a drizzle of chocolate sauce. Top that with a thin mint cookie or crush for a cookie crumble.

enJOY!

