

Brown Sugar Coconut Latte with Coconut Cold Foam

THM:S

- 1 cup of brewed coffee or tea or Teeccino
- 1 cup unsweetened nut milk
- 1 Tbsp. coconut cream
- 1 Tbsp. Swerve Brown
- 1/2 tsp. coconut extract
- 1/2 tsp. THM Super Sweet
- 1 tsp. Just Gelatin
- 1 scoop (1/4 cup) of whey protein or Creamy Dreamy or (1 and 1/2 Tbsp.) collagen
- 1/4 tsp. sunflower lecithin

Blend well and pour over ice in a large glass.

Make a cold foam from

- 2 Tbsp. coconut cream
- 2 Tbsp. unsweetened nut milk
- 3-4 drops of coconut extract

Whip up in a cold foam maker or with a frother. Pour over the top of your latte.

enJOY!

